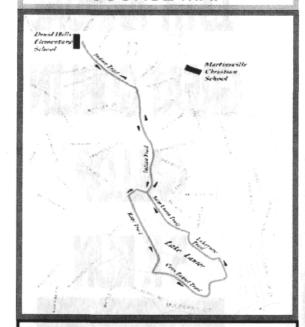
COURSE MAP



DIRECTIONS TO MARTINSVILLE PARKS AND RECREATION (SAME LOCATION AS ALWAYS)

<u>Danville:</u> Rt. 58 into Martinsville. Turn left at light, just past Hooker Furniture, onto <u>Brookdale Rd.</u>; Just past Shiloh Way of the Cross Church turn right onto Parkview. Go to stoplight, turn left onto Spruce. Take 1st street to the right which is Indian Trail and school is 3/10 of mile on right.

<u>Greensboro:</u> <u>Rt. 220</u> to Martinsville: Right on <u>Rives Rd</u> at light (2 miles past M'ville Speedway). Go 2 1/4 miles, turn right on <u>Spruce St.</u> Turn right onto Indian Trail, School is 3/10 mile on the right.

Roanoke: Rt. 220 to Business 220 and through Collinsville. Turn left on Commonwealth Blvd at light (near Wal-Mart). Go 1 mile, turn right on Market St. at light (near Liberty Fair Mall). Go 1 mile, cross Starling Ave. onto Mulberry Rd. Go 1/2 mile, turn left on Spruce St. Go through 1st stoplight and take 1st road to right which is Indian Trail, school is 3/10 mile on right.



AWARDS

TROPHIES TO TOP 3 MALE & FEMALE OVERALL FINISHERS

Custom Medals to Top 3 Male/ Female in each Age Group No duplication of overall finishers

AGE GROUPS

8 & under	40-44
9-14	45-49
15-19	50-54
20-24	55-59
25-29	60-64
30-34	65 & 69
34-39	70 & Up



- Snacks and refreshments will be provided for all participants after the race.
- Water available on the course.
- Race results will be mailed to all participants.

OFFICIAL ENTRY FORM

Address:		
City :		
State:	Zip:	Age:
Sex:	_ Phone:	

\$20.00 thereafter and day of race

FIRST 100 PARTICIPANTS GUARANTEED A T-SHIRT

Circle Shirt Size:
YL AS AM AL AXL AXXL
Entry fee \$15.00 until 10/22/10

Make checks payable and mail to:

Henry County Parks & Recreation, PO Box 7, Collinsville, VA
24078.

For more information call (276) 634-4640

WAIVE

In acceptance of this entry, I waive and release the sponsors, organizers, and representatives of the Henry County Recreation Department and Martinsville Leisure Services from all claims resulting from illness or injury suffered by me as a result of this event. I furthermore certify that my physical condition is sufficient to allow me to participate in an event of this strenuous nature. I also release the use of my name or any record of my participation in this event for promotional or publicity purposes without obligation to me.

Signature:	

Parent's Signature (if entrant is under 18):

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